



Summer Training Challenge!



***Grand Prize - \$300 Gift Card to TYR
other prizes from TYR, Shepler's, Kilwin's and more.**

*Unlike our holiday challenge, the grand prize will **ONLY** be offered to participants and volunteers that are registered for the 2024 Mackinac Island Swim.

Challenge runs from Saturday June 8 to Sunday August 4

Swimmers must upload their swims to STRAVA and join the Mackinac Island Swim STRAVA Group: [Mackinac Island, Michigan Club | Swim 8.2 on Strava](#) (the group name is "Swim 8.2")

Prizes are drawn via raffle. The way you earn the raffle tickets is by swimming!

More swimming = more raffle tickets = more chances of winning.

How raffle tickets are earned.

1. You get 1 ticket by completing an open water swim of 3 miles (5280yds/4828m) or more.
2. You complete a pool swim of 4 miles (7040yds/6437m) or more.
3. You make the weekly **Top 25** on the STRAVA group's leaderboard (1 tickets)
4. You make the weekly **Top 10** on the STRAVA group's leaderboard (2 tickets)
5. You get an extra ticket if you post your 3mi+ OWS or 4mi+ pool swim on Facebook/Instagram with the hashtags #GetOffTheLog, #MIS2024 and #TYRSport